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HOW DOES IT WORK?

Three warm-ups at the start of the rehearsal are sufficient.

So choose **one** warm-up from each of chapters 1,2 and 3.

Begin with an agility exercise from chapter 1 to loosen up the voice. Continue with a harmonic or rhythmical exercise from chapter 2 in order to work on blend, intonation, style or rhythm.

Finish off with a 'rocket', to warm up the extremities of the range.

It is impossible to deal with all aspects of the voice during a warming-up session. It is also not necessary.

PRACTICAL MATTERS

- Always keep warming-up fun.
- Keep transposing the exercises a semitone higher or lower: This way the whole range is gradually warmed up.
- There are figures above the music in the case of a canon. The fermata indicates the final note of the canon if this is not the last note printed.
- Music in which chords are indicated can be accompanied instrumentally.
- The multi-part warm-ups have midis to go with them. By playing them you can get an impression of the music. The midis-by-voice part can be used during rehearsal. You can also send them by e-mail to the individual members of the voice groups so that they can prepare the exercises at home.
- For many more warm-ups see the canons available at www.jetsebremer.nl - pop, technical and classical canons.